

## CLINICAL PATHWAY FOR BREAST SURGERY: DAY PROCEDURE

	<b>PREOPERATIVE CARE</b> <i>Admission to hospital</i> <b>DATE</b>		<b>POSTOPERATIVE CARE</b> <i>Discharge from hospital</i> <b>DATE</b>			
<b>CONSULTS/ REFERRALS</b>	<ul style="list-style-type: none"> <li>• Consultant/Surgeon</li> <li>• Registered Medical Officer (RMO)</li> <li>• Anaesthetist</li> <li>• Breast Care Nurse</li> </ul>	sign	<ul style="list-style-type: none"> <li>• Consultant/Surgeon</li> <li>• RMO</li> <li>• Breast care nurse</li> <li>• HITH/District nursing (to manage drainage tubes if still in situ on discharge)</li> </ul>	sign		
<b>MEDICATIONS/ PAIN MANAGEMENT</b>	<ul style="list-style-type: none"> <li>• Pain control discussed                             <ul style="list-style-type: none"> <li>➢ IM</li> <li>➢ Oral</li> </ul> </li> <li>Instruct to cease (as appropriate):                             <table style="width: 100%; border: none;"> <tr> <td style="border-right: 1px solid black; padding-right: 10px;"> <ul style="list-style-type: none"> <li>➢ Warfarin</li> <li>➢ Aspirin</li> </ul> </td> <td style="padding-left: 10px;"> <ul style="list-style-type: none"> <li>➢ HRT</li> <li>➢ Non steroid anti inflam. drugs, eg Aspirin</li> </ul> </td> </tr> </table> </li> </ul>	<ul style="list-style-type: none"> <li>➢ Warfarin</li> <li>➢ Aspirin</li> </ul>	<ul style="list-style-type: none"> <li>➢ HRT</li> <li>➢ Non steroid anti inflam. drugs, eg Aspirin</li> </ul>		<ul style="list-style-type: none"> <li>• As per drug chart</li> <li>• Pain controlled</li> <li>• Analgesia observations</li> </ul>	
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<b>INVESTIGATIONS/ ASSESSMENTS</b>	<ul style="list-style-type: none"> <li>• Circle investigations performed:                             <table style="width: 100%; border: none;"> <tr> <td style="border-right: 1px solid black; padding-right: 10px;"> <ul style="list-style-type: none"> <li>➢ FBE,</li> <li>➢ U&amp;E</li> <li>➢ clotting profile</li> </ul> </td> <td style="padding-left: 10px;"> <ul style="list-style-type: none"> <li>➢ other if required</li> <li>➢</li> <li>➢</li> <li>➢</li> </ul> </td> </tr> </table> </li> <li>• Results made available for transfer to theatre</li> <li>• Guide wire inserted (if appropriate)</li> </ul>	<ul style="list-style-type: none"> <li>➢ FBE,</li> <li>➢ U&amp;E</li> <li>➢ clotting profile</li> </ul>	<ul style="list-style-type: none"> <li>➢ other if required</li> <li>➢</li> <li>➢</li> <li>➢</li> </ul>			
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<b>OBSERVATIONS</b>	<ul style="list-style-type: none"> <li>• Vital signs</li> <li>• Full ward test urine</li> <li>• Weight charted</li> <li>• Guide wire secure (if in situ)</li> </ul>		<ul style="list-style-type: none"> <li>• Routine post anaesthetic obs.</li> <li>• IVT as ordered</li> <li>• Drainage tubes patent (if in situ)</li> </ul>			
<b>GIT/ METABOLIC</b>	<ul style="list-style-type: none"> <li>• Fast from 2400hrs, am list</li> <li>• Fast from 0700hrs, pm list (if having general anaesthetic)</li> </ul>		<ul style="list-style-type: none"> <li>• Nil orally for 4 hrs, then fluids &amp; diet as tolerated:                             <ul style="list-style-type: none"> <li>➢ commence fluids, then graduate to:</li> <li>➢ diet as tolerated when fully awake</li> </ul> </li> <li>• IVI removed when fluids tolerated</li> <li>• Voided post-op</li> <li>• Up to toilet as desired</li> </ul>			
<b>PROCEDURES/ WOUND CARE</b>	<ul style="list-style-type: none"> <li>• Surgical consent obtained</li> <li>• Operation site prepared as appropriate</li> <li>• Wound care discussed</li> <li>• Drainage tubes discussed</li> </ul>		<ul style="list-style-type: none"> <li>• Dressing intact &amp; secured</li> <li>• Minimal bleeding from wound</li> <li>• Drainage tubes removed or secured (if to remain in situ )</li> </ul>			
<b>MOBILITY</b>			<ul style="list-style-type: none"> <li>• Mobilise as tolerated:                             <ul style="list-style-type: none"> <li>➢ RIB until fully awake, then</li> <li>➢ up with supervision, then</li> <li>➢ mobilise &amp; resume normal activities</li> </ul> </li> </ul>			
<b>HYGIENE</b>	<ul style="list-style-type: none"> <li>• Shower prior to coming to hospital</li> </ul>		<ul style="list-style-type: none"> <li>• Post-op sponge with assistance</li> </ul>			
<b>PSYCHOSOCIAL</b>	<ul style="list-style-type: none"> <li>• Reassurance given</li> <li>• Identify practical &amp; emotional issues/needs, including:                             <ul style="list-style-type: none"> <li>➢ psychological</li> <li>➢ spiritual</li> <li>➢ sexuality issues</li> </ul> </li> <li>• Discuss &amp; provide support</li> <li>• Referrals as appropriate (see Reference Booklet for Health Care Professionals)</li> </ul>		<ul style="list-style-type: none"> <li>• Reassurance given</li> <li>• Identify practical &amp; emotional issues/needs, including:                             <ul style="list-style-type: none"> <li>➢ psychological</li> <li>➢ spiritual</li> <li>➢ sexuality issues</li> </ul> </li> <li>• Discuss &amp; provide support</li> <li>• Referrals as appropriate (see Reference Booklet for Health Care Professionals)</li> </ul>			
<b>DISCHARGE PLANNING/ EDUCATION</b>	<ul style="list-style-type: none"> <li>• Literacy/cultural barriers considered</li> <li>• Patient pathway:                             <ul style="list-style-type: none"> <li>➢ given</li> <li>➢ explained</li> <li>➢ understood</li> </ul> </li> <li>• Length of stay discussed</li> <li>• Discharge destination identified</li> <li>• Primary carer identified &amp; involved</li> <li>• Risk screen tool completed</li> <li>• Appropriate referrals initiated</li> </ul>		<ul style="list-style-type: none"> <li>• Drs follow up appointments organised</li> <li>• Explain:                             <ul style="list-style-type: none"> <li>➢ wound care</li> <li>➢ resuming normal activities</li> </ul> </li> <li>• Identify special issues/needs, including                             <ul style="list-style-type: none"> <li>➢ emotional</li> <li>➢ practical</li> </ul> </li> <li>• Discuss &amp; provide support &amp; referrals as appropriate (refer to Psychosocial Guidelines for Women with Breast Disease).</li> </ul>			
<b>INDIVIDUAL NEEDS</b>						
<b>DESIRED OUTCOMES</b>	<ul style="list-style-type: none"> <li>• Physically &amp; psychologically prepared for surgery                             <ul style="list-style-type: none"> <li>➢ woman's condition stable</li> <li>➢ woman aware of &amp; understands the reason for surgery</li> <li>➢ appropriate post-op information provided</li> <li>➢ preparation for surgery &amp; discharge understood</li> <li>➢ psychosocial support mechanisms in place</li> </ul> </li> </ul>		<ul style="list-style-type: none"> <li>• Haemodynamic stability maintained</li> <li>• Vital signs within normal limits</li> <li>• Tolerating fluids</li> <li>• Minimal bleeding from wound site</li> <li>• Minimal drainage from drainage tubes (if in situ)</li> <li>• Able to resume normal activities</li> <li>• Discharged at ____ hrs ____/____/____</li> </ul>			